

# XXXVII. Internationaler 100-km-Lauf von Grünheide/Störitz - 3. Störitzseelauf



Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
<b>100 km</b>						
<b>Frauen</b>						
1.	1. W50	1744	STEGMAIER, Simone	LC Ron-Hill Berlin	GER	10:13:49
			00:29:28 (29:28) 00:58:06 (28:38)	01:26:29 (28:24)	01:54:10 (27:41)	02:22:16 (28:07)
			02:50:51 (28:35) 03:19:01 (28:11)	03:46:57 (27:56)	04:15:11 (28:15)	04:44:30 (29:20)
			05:14:54 (30:24) 05:47:22 (32:28)	06:20:13 (32:52)	06:53:02 (32:49)	07:26:11 (33:09)
			07:58:20 (32:10) 08:32:24 (34:04)	09:06:07 (33:44)	09:39:20 (33:14)	10:13:49 (34:29)
2.	1. W20	1745	GOEBEL, Sonia Isabel	LG Mauerweg Berlin	GER	11:02:12
			00:33:14 (33:14) 01:09:21 (36:08)	01:40:39 (31:18)	02:10:04 (29:26)	02:42:03 (32:00)
			03:13:11 (31:09) 03:44:09 (30:59)	04:18:02 (33:53)	04:53:56 (35:55)	05:27:50 (33:55)
			06:03:11 (35:21) 06:38:00 (34:50)	07:10:40 (32:41)	07:39:59 (29:19)	08:08:23 (28:24)
			08:40:08 (31:45) 09:13:19 (33:12)	09:46:32 (33:13)	10:23:20 (36:49)	11:02:12 (38:53)
3.	1. W55	1740	NOICHL, Gabriele	LC Ron-Hill Berlin	GER	11:09:58
			00:29:28 (29:28) 00:59:33 (30:05)	01:32:21 (32:49)	02:04:38 (32:18)	02:35:43 (31:06)
			03:07:50 (32:07) 03:41:59 (34:10)	04:13:07 (31:09)	04:45:17 (32:10)	05:18:23 (33:06)
			05:52:25 (34:03) 06:26:57 (34:32)	07:01:54 (34:57)	07:36:51 (34:58)	08:11:43 (34:53)
			08:46:17 (34:34) 09:21:05 (34:49)	09:57:14 (36:09)	10:33:55 (36:41)	11:09:58 (36:03)
	W45	1856	SCHÖNDUBE,	LG Wilhelmshaven	GER	DNF
			00:30:16 (30:16) 01:00:20 (30:04)	01:31:52 (31:33)	02:03:25 (31:33)	02:34:41 (31:17)
			03:06:21 (31:41) 03:40:46 (34:26)	04:14:07 (33:22)	04:51:49 (37:42)	05:26:09 (34:21)
			06:03:20 (37:11)			
<b>Männer</b>						
1.	1. M20	1738	AHLBURG, Martin	Die Laufpartner	GER	7:21:11
			00:21:28 (21:28) 00:43:04 (21:37)	01:04:39 (21:35)	01:26:08 (21:30)	01:47:33 (21:25)
			02:09:17 (21:44) 02:30:59 (21:43)	02:52:46 (21:47)	03:14:55 (22:09)	03:37:09 (22:14)
			03:58:50 (21:41) 04:21:06 (22:17)	04:42:41 (21:35)	05:04:39 (21:58)	05:27:18 (22:40)
			05:50:05 (22:48) 06:13:07 (23:03)	06:36:56 (23:49)	07:00:20 (23:25)	07:21:11 (20:52)
2.	1. M30	1754	WIESSNER, Enrico	LG Nord Berlin	GER	7:23:00
			00:22:34 (22:34) 00:45:25 (22:51)	01:07:37 (22:13)	01:30:29 (22:52)	01:52:53 (22:25)
			02:15:28 (22:35) 02:38:20 (22:52)	03:00:40 (22:21)	03:23:27 (22:48)	03:45:42 (22:16)
			04:07:29 (21:47) 04:28:48 (21:20)	04:50:42 (21:54)	05:11:55 (21:13)	05:33:22 (21:28)
			05:55:12 (21:50) 06:16:40 (21:29)	06:38:04 (21:24)	07:00:05 (22:02)	07:23:00 (22:55)
3.	1. M45	1817	LAENGER, Uwe	1.FC UNION BERLIN	GER	7:50:35
			00:22:34 (22:34) 00:45:24 (22:51)	01:07:37 (22:13)	01:30:29 (22:52)	01:52:54 (22:25)
			02:15:28 (22:35) 02:38:20 (22:52)	03:00:40 (22:21)	03:23:28 (22:48)	03:45:42 (22:15)
			04:08:34 (22:53) 04:31:37 (23:04)	04:54:05 (22:28)	05:17:28 (23:23)	05:41:55 (24:28)
			06:07:11 (25:16) 06:32:41 (25:30)	06:58:09 (25:29)	07:25:07 (26:59)	07:50:35 (25:28)
4.	1. M50	1857	EGLI, Alois	LSV Winterthur	SUI	8:15:11
			00:24:03 (24:03) 00:47:51 (23:49)	01:11:57 (24:07)	01:35:21 (23:24)	01:59:25 (24:05)
			02:23:00 (23:36) 02:46:35 (23:35)	03:10:45 (24:11)	03:34:35 (23:50)	03:58:26 (23:52)
			04:22:29 (24:03) 04:47:17 (24:48)	05:12:08 (24:52)	05:37:38 (25:30)	06:02:56 (25:19)
			06:28:52 (25:56) 06:55:21 (26:29)	07:22:07 (26:47)	07:49:22 (27:15)	08:15:11 (25:50)
5.	2. M30	1884	THIEDE, Philipp	TUS Liepe	GER	8:47:07
			00:24:43 (24:43) 00:49:50 (25:08)	01:14:46 (24:56)	01:39:55 (25:09)	02:04:42 (24:47)
			02:29:30 (24:49) 02:54:34 (25:05)	03:19:57 (25:23)	03:45:22 (25:26)	04:11:06 (25:44)
			04:37:59 (26:53) 05:04:19 (26:21)	05:30:34 (26:16)	05:57:23 (26:50)	06:24:18 (26:55)
			06:51:32 (27:14) 07:19:15 (27:44)	07:50:08 (30:53)	08:19:16 (29:09)	08:47:07 (27:52)
6.	2. M45	1949	SCHWITTER, Daniel	Basel Running Club BRC	SUI	8:54:48
			00:23:40 (23:40) 00:46:45 (23:05)	01:10:43 (23:59)	01:34:53 (24:10)	01:59:01 (24:09)
			02:23:27 (24:26) 02:49:40 (26:14)	03:14:16 (24:37)	03:39:05 (24:50)	04:04:45 (25:41)
			04:30:57 (26:12) 04:56:18 (25:22)	05:23:36 (27:18)	05:51:04 (27:28)	06:19:59 (28:56)
			06:49:28 (29:30) 07:19:19 (29:52)	07:51:52 (32:33)	08:22:45 (30:54)	08:54:48 (32:03)
7.	1. M40	1993	HOESEL, Patrick	LG Ultralauf	GER	9:31:38
			00:29:29 (29:29) 00:58:27 (28:59)	01:27:15 (28:48)	01:56:06 (28:51)	02:24:23 (28:18)
			02:52:57 (28:34) 03:21:33 (28:37)	03:49:58 (28:26)	04:18:28 (28:30)	04:47:22 (28:55)
			05:16:09 (28:48) 05:45:36 (29:28)	06:14:05 (28:29)	06:42:29 (28:25)	07:10:41 (28:12)
			07:39:04 (28:24) 08:07:27 (28:23)	08:35:38 (28:11)	09:03:49 (28:12)	09:31:38 (27:49)
8.	2. M50	1753	PROCHASKA, Jan	LG Nord Berlin	GER	9:34:21
			00:30:21 (30:21) 00:59:30 (29:10)	01:27:46 (28:17)	01:56:05 (28:20)	02:24:24 (28:19)
			02:54:27 (30:04) 03:23:31 (29:05)	03:51:35 (28:04)	04:20:16 (28:42)	04:48:17 (28:02)
			05:16:09 (27:52) 05:45:36 (29:27)	06:14:58 (29:23)	06:43:56 (28:58)	07:12:39 (28:44)
			07:42:35 (29:57) 08:11:09 (28:34)	08:40:30 (29:22)	09:08:52 (28:22)	09:34:21 (25:30)
9.	3. M30	1731	GOLL, Kai	(Berlin)	GER	9:55:38
			00:26:58 (26:58) 00:54:54 (27:56)	01:24:00 (29:07)	01:51:53 (27:53)	02:20:02 (28:10)
			02:48:07 (28:06) 03:16:21 (28:14)	03:45:20 (29:00)	04:13:42 (28:23)	04:41:22 (27:40)
			05:09:05 (27:43) 05:37:26 (28:22)	06:10:16 (32:51)	06:39:46 (29:30)	07:11:01 (31:16)
			07:50:30 (39:29) 08:23:51 (33:21)	08:57:00 (33:10)	09:26:23 (29:24)	09:55:38 (29:16)

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Ergebnisliste nach Geschlecht mit AK-Wertung - 100 km

Pl.	AK	Snr.	Name	Verein (Wohnort)	NAT	Ziel
10.	1. M55	1739	HOPP, Michael 00:27:35 (27:35) 00:55:47 (28:12) 02:48:09 (28:08) 03:16:31 (28:22) 05:14:34 (29:47) 05:45:36 (31:03) 07:54:55 (33:55) 08:29:56 (35:01)	ESV Lok Potsdam	GER	10:15:54 02:20:02 (28:09) 04:44:48 (30:38) 07:21:00 (33:12) 10:15:54 (36:33)
11.	2. M40	1755	WOITYNEK, Martin 00:27:35 (27:35) 00:55:47 (28:13) 02:48:06 (28:05) 03:16:21 (28:15) 05:16:20 (31:30) 05:48:32 (32:13) 08:00:48 (34:05) 08:36:14 (35:26)	LG Nord Berlin	GER	10:21:30 02:20:02 (28:09) 04:44:50 (30:31) 07:26:44 (33:20) 10:21:30 (35:15)
12.	3. M50	1862	HARTMANN, Jürgen 00:26:30 (26:30) 00:53:24 (26:55) 02:44:39 (28:01) 03:13:00 (28:21) 05:09:31 (29:31) 05:39:51 (30:20) 07:58:14 (37:44) 08:35:34 (37:21)	PSV Stralsund	GER	10:21:49 02:16:39 (28:26) 04:40:01 (29:42) 07:20:30 (36:49) 10:21:49 (34:27)
13.	3. M40	1849	OELSNER, Maik 00:25:34 (25:34) 00:50:44 (25:10) 02:31:31 (26:02) 02:59:06 (27:36) 05:03:34 (34:23) 05:44:38 (41:04) 07:59:14 (34:22) 08:37:07 (37:54)	Wanderfreunde Schönfels	GER	10:22:42 02:05:29 (25:16) 04:29:11 (30:01) 07:24:52 (33:11) 10:22:42 (34:33)
14.	3. M45	1748	HAUSDORF, Mike 00:30:21 (30:21) 00:59:44 (29:24) 02:58:50 (30:11) 03:29:48 (30:59) 05:39:07 (32:18) 06:10:09 (31:03) 08:25:04 (34:08) 09:02:58 (37:54)	LG Mauerweg Berlin	GER	10:39:46 02:28:39 (29:50) 05:06:49 (33:13) 07:50:57 (35:40) 10:39:46 (30:58)
15.	1. M60	1877	LEYENDECKER, Rainer 00:25:21 (25:21) 00:50:43 (25:22) 02:37:09 (26:23) 03:03:31 (26:22) 05:10:05 (33:59) 05:45:33 (35:28) 08:22:47 (40:38) 09:02:48 (40:01)	SV Schwindegg e.v. - DUV	GER	11:08:48 02:10:46 (26:26) 04:36:07 (33:13) 07:42:10 (41:04) 11:08:48 (42:41)
16.	2. M55	1954	SOWADA, Peter 00:29:02 (29:02) 00:58:14 (29:13) 03:02:08 (33:05) 03:35:11 (33:04) 05:53:15 (40:32) 06:27:41 (34:26) 08:51:47 (37:18) 09:31:35 (39:49)	(Berlin)	GER	11:25:22 02:29:03 (30:11) 05:12:44 (33:55) 08:14:29 (37:32) 11:25:22 (33:53)
17.	3. M55	1860	MUHS, Matthias 00:26:26 (26:26) 00:52:31 (26:05) 02:43:27 (28:46) 03:12:24 (28:58) 05:37:47 (44:31) 06:09:08 (31:22) 08:37:37 (40:18) 09:26:56 (49:19)	Multisport LOS	GER	11:29:07 02:14:42 (28:21) 04:53:16 (37:05) 07:57:20 (38:54) 11:29:07 (43:07)
18.	4. M45	1825	THEMM, Thorsten 00:29:07 (29:07) 00:58:15 (29:08) 02:55:30 (30:16) 03:26:08 (30:39) 05:36:56 (34:06) 06:17:48 (40:52) 08:49:01 (38:39) 09:27:57 (38:57)	ALG VfL-Bokel	GER	11:35:14 02:25:14 (29:24) 05:02:51 (32:03) 08:10:23 (38:04) 11:35:14 (44:35)
19.	4. M50	1882	KLASING, Jörg 00:33:16 (33:16) 01:07:49 (34:34) 03:18:25 (31:45) 03:51:36 (33:12) 06:10:38 (41:22) 06:45:03 (34:26) 09:11:51 (37:10) 09:50:03 (38:13)	TSG Sulzbach	GER	11:45:13 02:46:40 (32:23) 05:29:17 (32:58) 08:34:41 (36:32) 11:45:13 (37:23)
	M35	1897	KÜHLBERG, Stefan 00:25:12 (25:12) 00:49:51 (24:39) 02:29:26 (24:47) 02:54:57 (25:31) 04:37:35 (26:14) 05:03:49 (26:15)	will.i.amy	GER	DNF 02:04:40 (24:51) 04:11:22 (25:45)
	M45	1834	KRUMM, Falk 00:29:03 (29:03) 00:56:46 (27:43) 02:48:20 (27:38) 03:16:35 (28:15) 05:14:58 (31:22) 05:50:38 (35:41)	Ehrenfriedersdorf	GER	DNF 02:20:43 (27:28) 04:43:36 (29:15)

Anzahl Teilnehmer: 25